

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

Islington Building Bridges offers tenancy related support to families with children aged 5-19 when a parent or carer is experiencing ongoing mental health difficulties.

There may be needs related to :

- Housing or benefits
- Parenting
- Household routines
- Relationships – family, friends, neighbours
- Health
- Recreation
- Education and employment

## How to find us

### Islington Building Bridges Family Action

608 Holloway Road, London N19 3PH

**Buses:** 17, 43 and 271. Alight at junction of Holloway Road and Fairmead or Alexander Road. Ask for Alexander Road or Manor Gardens bus stops.

**Overground train:** Upper Holloway Road Station

**Underground train:** Archway (Northern Line)  
Or Holloway Road (Piccadilly Line)

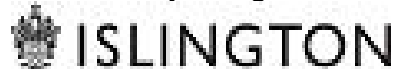
## How to contact us

**Tel: 020 7272 6933 Fax: 020 7272 5605**

[islington@family-action.org.uk](mailto:islington@family-action.org.uk)

### Islington Building Bridges

is funded by Islington Council



### Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251  
Fax 020 7249 5443 [info@family-action.org.uk](mailto:info@family-action.org.uk) [www.family-action.org.uk](http://www.family-action.org.uk)  
Registered charity n° 264713.



**Family Action**  
**Islington Building Bridges**

**For families with children aged 5-19**

**supporting families since 1869**

## What can you expect?

When we first talk, we will take some basic details and begin to get an idea of how we might be useful to you and your family.

We will arrange to meet with you as soon as we can. We will discuss with you what changes you would like to see happen and what we can do together to help you.

We will think about other organisations and people, such as family members and friends, who may also be useful to you. From this we will work out a clear plan of action, which we will write down for you.

We will try to provide interpreters from recognised organisations if English is not your first language

## A confidential service

We are an independent organisation with close links with many services. Conversations you have with us will be confidential within the team; no information will be passed on without your permission. The only exception is where you, a child or another adult is considered to be at risk.

## What do we offer?

There are many ways Islington Building Bridges may be able to support you and your family. These include:

- Practical and flexible help and advice at home and elsewhere.
- Regular help, if necessary more than once a week, at times suitable to you, including early mornings, evenings and weekends.
- Support with tenancy-related issues including housing and benefits, parenting, household routines, relationships, health, recreation, education and employment
- Help to ensure all members of the family are getting their needs met, and that adults and children's services are working well together.
- We work in partnership with EPIC Islington Families who provide specialist housing advice

## Who are we?

Islington Building Bridges is managed by Family Action, a national charity.

We support people whatever their race, religion, age, gender, sexual orientation or ability.

## Tell us what you think

We value your feedback and constructive criticism as this enables us to continually improve the quality of the services we provide. Please tell us when things are going well and when we have made a suggestion that is not suitable for you and your family.

If you are unhappy with the service, please speak to your key worker or to our Project Manager at the address on the front of this leaflet.

We would like you to be involved in the development of the service. Please let us know if you can help.