

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

## How To Contact Us

If you require help with any of the issues mentioned in the leaflet or would like to know more about the ways in which we may be able to help you, please contact us at:

Family Action East Birmingham  
213 Yardley Road  
Acocks Green  
Birmingham  
B27 6LZ

Tel: 0121 772 4217

Fax: 0121 753 2375

Email: [east.birmingham@family-action.org.uk](mailto:east.birmingham@family-action.org.uk)

Our office opening times are:

Monday to Thursday: 9am - 5pm

Friday: 9am - 4pm

The Horn of Africa Family Well-Being Project is managed by Family Action, a national charity which provides practical, emotional and financial support to individuals and families. We have a range of services in different parts of the country, which support families in their own communities.



### Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251  
Fax 020 7249 5443 [info@family-action.org.uk](mailto:info@family-action.org.uk) [www.family-action.org.uk](http://www.family-action.org.uk)  
Registered charity n° 264713.



family  
action

## Family Action East Birmingham Horn of Africa Project

Providing family support for Horn of Africa communities

Information for families

supporting families since 1869

## Who Are We?

The Horn of Africa Family Well-Being Project is a service that provides support to families from the Horn of Africa region (e.g. Somalia, Sudan, Ethiopia, Eritrea), who are living in and newly arrived to Birmingham.

Our service may be beneficial to you if:

- you are newly arrived in the UK
- you are finding it difficult to access services due to a language barrier
- you feel isolated or lonely
- you want help and advice with good parenting

We have staff who speak Arabic and Somali, and we will be able to provide you with support in these languages.

The Family Support Workers can visit you in your home, or you can come to our centre to receive help.

## How Can We Help?

We can help you in the following ways:

- by making sure you are getting the benefits that you are entitled to
- by providing support and guidance with housing issues
- by providing support and guidance with children's education
- by giving you advice and support with parenting and managing children's behaviour
- by giving you advice on how to manage your money
- by providing you and your children the opportunity to take part in various groups, activities and outings that are run by the centre
- by giving you information about other services that may be beneficial to you

## About Our Services

Family Action East Birmingham is based in Acocks Green in Birmingham. We provide a range of services to families from all cultures and communities.

We welcome everyone to our services whatever their race, religion, age, disability, gender or sexual orientation.

If you would like more information on any of our services, please contact us using the details provided overleaf.