

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

Who Is Families First For?

Any family living in North East and North West Manchester with children aged 5–13 years old, where a parent or carer is experiencing problems with their school attendance, behaviour or other relationship issues. Supporting children aged 5–13 years and their families to:

- improve school attendance
- develop and promote positive parenting
- improve family functioning
- work with parents to build on strengths in young people
- improve relationships at home or at school

How Can I Find Out More?

Give us a call or drop in (at the address below) to find out if we can help you. If we are unable to help, we will refer you to another organisation that might be able to.

Alternatively, you can speak to your school liaison worker, social worker, G.P. or other health professional and they can get in touch with us on your behalf.

Family Action Project
Families First
204–206 Lightbowne Road
Moston
Manchester, M40 5EE
Tel: 0161 682 1500
Fax: 0161 681 7012
Email: pipmanchester@fwa.org.uk



family
action

Families First Manchester

Support for Families with Children Age
5-13 years

Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
Fax 020 7249 5443 info@family-action.org.uk www.family-action.org.uk
Registered charity n° 264713.

supporting families since 1869

What We Offer

- Practical and emotional support for children (as individuals and as part of a family group)
- Awareness and educational programmes
- Parenting advice and courses
- Family support and activities in your home
- Practical and emotional support and advice for parents
- Parent and child play activities
- Recreational activities, family fun and outings.

How We Work

At Families First we work together with parents and children to address common themes experienced by families whose attendance at school is problematic.

- Children with special needs or behavioural problems
- Children or other family members becoming carers
- Supporting or promoting positive mental health
- Domestic abuse (physical, sexual or emotional)
- Health problems as a result of substance misuse and poor diet
- Lack of confidence and self-esteem, and feelings of isolation

How We Can Help You

Families we have previously supported told us:

- children's attendance and time keeping at school is improved
- parents feel more involved and participate more with their child's schooling
- their self-esteem and confidence has improved
- relationships within the family have improved
- families feel stronger and better able to manage difficulties
- families know more about where to find help when they need it
- families participate more in community activities
- parents feel better able to manage drug/alcohol issues.