

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

How To Contact Us

Family Action Tower Hamlets
Family Visiting Room
Tower Hamlets Centre for Mental Health
Mile End Hospital
Bancroft Road
London E1 4DG

Family Visiting Co-ordinator:
Tel: 07917 688 911
Fax: 020 7364 3408
Email: towerhamlets.fvs@family-action.org.uk

Family Action Tower Hamlets
Family Visiting Service is funded by
East London and The City
Mental Health NHS Trust

Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
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Registered charity n° 264713.



family
action

Family Action
Tower Hamlets
Family Visiting Room

Child-friendly visiting environment

supporting families since 1869

What We Offer

Has your partner / spouse been hospitalised at the Tower Hamlets Mental Health Unit?

Do you want to bring the children in to visit but you don't want them to be on the hospital ward ?

Do you want a private and friendly place to visit ?

There is a new dedicated Family Visiting Room at the Tower Hamlets Centre for Mental Health.

Who can use the room ?

The Family Visiting Room is available to any service user at the Tower Hamlets Centre for Mental Health who has children or relatives visiting who are under the age of 18.

What is a Family Room?

- a private room away from the ward.
- comfortable and safe.
- a child-friendly environment.
- toys and games for children.
- somewhere to feed and change the baby.
- space for the children to play.
- space for parents and children to interact.

How We Work

Family Action is working together with CAMHS to provide a safe, child-friendly environment for children and young people to meet their parents and relatives during the parent's or relative's stay in hospital due to mental illness

How to use the room ?

If you want to plan a visit you can ask your care co-ordinator or the nurse-in-charge on the ward who can help you book the room.

There is also a Family Action Family Visiting Co-ordinator who can help prepare the visit and speak to the children :

Please call for further information on :

Tel: 07917 688 911

Where The Room Is Located

The Family Visiting Room is at the Tower Hamlets Centre for Mental Health at the Mile End Hospital Site on Bancroft Road.

Enter the Mental Health Unit and the Family Visiting Room is on the Ground Floor just past the Reception Desk and on the left.

When the room is available:

Normal Family Visiting hours are:

- Mon – Fri: 10am – 8pm.
- Sat & Sun: 11am – 8pm.

However, if necessary, alternative times can be arranged with the ward staff.