

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

How Do I Access This Service?

If you think that any of services could help you or to find out more about Frontline Families please either:

Call us or ask your nursery, crèche or health visitor to contact Family Action on your behalf on:

0161 682 1500

Drop into your local Children's Centre.

Fill in the details below and post this leaflet to the address on the front of this leaflet.

Name.....

Address.....
.....
.....

Telephone.....

Family Action Frontline Families service is funded by Sure Start.

Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
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Registered charity n° 264713.



family
action

Family Action
Manchester
Frontline Families

Family support for parents & carers
of children under five.

supporting families since 1869

What Is Family Action Frontline Families?

At times being a parent can seem like the most difficult job in the world. We understand that family life can sometimes be demanding and we are here to help you - finding your strengths as a parent, improving your confidence and helping you find ways of managing difficult behaviour.

From when you are pregnant to when they start school, Family Action Frontline Families is here to support you to meet the changing needs of your children through each stage of their development.

Our dedicated family support workers offer a wide range of practical and emotional support and advice

What Do We Offer?

Family Support

- Practical assistance in the home.
- Help with family conflict.
- Direct work with children.
- Support and information on domestic violence.
- Help with forms, appointments and childcare.

Counselling

You can talk to our counsellors about anything that is concerning you. All counselling at Family Action is free and confidential. We offer:

- One to One counselling.
- Post Natal Depression counselling.
- Direct Work with Children.

What Do We Offer?

Parenting advice

We offer Parent Survival Courses and advice on a range of issues such as:

- Establishing routines.
- Managing older children and toddlers.
- Building your confidence as parent.
- Learning new ways to manage difficult Behaviour.

Advocacy

Family Action can also provide advocates to support you in:

- Filling in forms.
- Following up queries relating to housing issues.
- Dealing with debts and managing your finances.
- Accompanying you to appointments. (please note that our advocates are not legally trained).