

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

Gorleston Mentoring Project is funded by Children in Need

How To Contact Us

For further information on our Mentoring Project, please contact us at:

Family Action Gorleston
Mentoring Project
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Registered charity n° 264713.



Family Action Gorleston Mentoring Project

Supporting children and young people in the Claydon, St Andrews and Magdalen wards of Gorleston

supporting families since 1869

How Can We Help?

There are times when we all have difficulties. It can help to talk to someone who will listen and offer support.

Family Action's Mentoring Project supports young people aged 7–13 who are having difficulties with friends and family or are worried about something at school or at home.

We will match you with a mentor who will listen to your personal difficulties and discuss with you ways to overcome them and help you to build new relationships.

We can offer one-to-one mentoring or you may prefer to take part in group activities, such as after-school or lunchtime clubs. We may also be able to offer you the opportunity to take part in visits and excursions.

What Is A Mentor?

Your Family Action mentor will meet you regularly to discuss the things that concern you – a problem at home or at school for instance. You may need help with schoolwork or want someone with whom you can discuss difficulties.

Your mentor will help you to recognise your strengths and your weaknesses and discuss the ups and downs of your daily life. You can discuss your mentor's experiences of daily life and perhaps learn from them.

Together you will set goals and your mentor will work with you to help you to achieve them. You will know that your mentor is always there for you.

Who We Can Help

- Are you aged 7–13?
- Would you like to talk to someone?
- Do you live or attend school in the Claydon, St Andrews and Magdalen wards of Gorleston?
- Are you having difficulties with friends or family?
- Are you worried about something at home or at school?

If your answer is yes, one of Family Action's mentors could help.

Confidentiality

We are an independent organisation and any conversation you have with us will be confidential. No information will be passed to anyone else without gaining your permission first. The only exception is where someone is considered to be at risk of harm or harming others.

If you want to talk to us or find out more about Family Action's Mentoring Project, call us on:

01493 650 220