

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

How To Contact Us

If you would like to find out more about what we do, please contact us at:

Family Action
Outreach & Family Support Team Lambeth
27 Josephine Avenue
Brixton
London
SW2 2JY

Tel: 020 8671 9899
Fax: 020 8678 0568
Email: lambeth.ofst@family-action.org.uk

Directions by tube and train

Victoria line to Brixton, turn left out of the station. We're a fifteen minute walk away or you could catch a bus.

Train to Brixton station. It's a fifteen minute walk or you could catch a bus.

Directions by bus

The following buses stop close by:
No's 2, 3, 37, 59, 109, 159, 133, 196, 333 and 415.

We work in partnership with Lambeth Council



Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
Fax 020 7249 5443 info@family-action.org.uk www.family-action.org.uk
Registered charity n° 264713.

family
action

Family Action
Lambeth
Outreach & Family
Support Team

Providing accessible support for parents/
carers bringing up young children

supporting families since 1869

Who Are We?

The Outreach & Family Support Team Lambeth is a programme aimed at improving the quality of life of young children, from the age of 0 – 5 years in the South East and South West of Lambeth, with parents over 25 years of age.

We work with parents, carers, their children and other professionals to promote the physical, social, and emotional and language development of children.

The work is client-led and we try to focus on the issues that worry you.

The Outreach & Family Support Team Lambeth was set up to provide support and advice to families with children under five. Due to effective change, from April 2008 many services now run from local children's centres to enable you to have easier access to our services.

We do not replace what is already available.

What Do We Do?

The Outreach & Family Support Team Lambeth can offer you:

- Practical support, help and reassurance to parents/carers bringing up young children
- Information and advice on bringing up your child(ren) to improve their health, educational opportunities and well-being
- Strategies to help you recognise and manage stress during times of change for you and the family
- Advice and information for parents/carers and children with special educational needs, including help to access services
- Help with preparing your child(ren) for school/life
- Support and encouragement to attend health clinic checks and other appointments where we can act as an advocate
- Information about local services that may be useful to you
- Advice and support to encourage your parenting confidence. Support routes to further education and going back to work
- Strategies to help manage a child's difficult behaviour
- Support and advice about sleeping, weaning and toilet training

How Do We Do This?

We believe in recognising your strengths/skills and building on these to promote positive outcomes.

We liaise and work closely with professionals who can support you, and those already involved with you and your family.

We work with families on a one-to-one basis and can visit you at home so that you do not have to visit a centre.

If you are feeling isolated with your child, we can help you link into events and activities in the community and at local children's centres, to meet with other parents and children.

All information is treated confidentially within a safeguarding framework.

Our team has a wide range of experience and knowledge of the complex issues faced by young families and have all undergone an enhanced police check.