

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

## Our Commitment to You

Any conversation you have with us will be confidential, and no information will be passed onto anyone else without your permission first. The only exception to this is where you or someone else may be at risk.

## How To Contact Us

If you would like to find out more about our Children's Centre or would like to attend any of the activities then please give us a call or drop in to:

Ladybrook Children's Centre  
116 Somersall Street  
Mansfield  
Notts  
NG19 6EW

Tel: 01623 620700  
Email: [info@surestartwestmansfield.com](mailto:info@surestartwestmansfield.com)

Or visit our website at  
[www.family-action.org.uk](http://www.family-action.org.uk)

West Mansfield Children's Centres are managed by Family Action. Family Action aims to give children aged 0-5 a flying start!

West Mansfield Children's Centre works in partnership with Nottinghamshire County Council.

**Sure Start**

### Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251  
Fax 020 7249 5443 [info@family-action.org.uk](mailto:info@family-action.org.uk) [www.family-action.org.uk](http://www.family-action.org.uk)  
Registered charity n° 264713.



## Family Action Ladybrook Children's Centre

Support for families with children under the age of 5 years

supporting families since 1869

## Who Are We?

We are Family Action West Mansfield Children's Centre. We aim to deliver the best start in life for every child by bringing together early education, childcare, health and family support.

## How Can We Help?

Children's Centres are for you and your family. We recognise that you know what's best for your family. We are able to help by supporting families with children under the age of five. Our Centre offers you and your family opportunities to take part in a variety of activities, to have fun and to seek support and assistance when you have difficulties.

## Support At Home?

The Children's Centre also have qualified Family Support Workers who can help you with your child's behaviour, routines, accessing groups and much more. Our Family Support Workers can come to see you in your home and you can talk together to agree what support you may need.

## What Do We Offer?

We offer a place to meet new people and make new friends.

We have a wide range of activities and services which are held at the Centre or in venues within the Community, these include:

- Allotment Drop-in
- Bumps & Babies
- Baby Café
- Baby Massage
- Baby Yoga
- Childminding Group
- Dads Group
- Employment & Training Advice
- Family Support / Home Visits
- Healthy Lifestyles
- Once Upon a Time
- Parent & Toddler Group
- Parenting courses
- Parents Forum
- Pre-school / Transition Group
- Seasonal activities for all the family
- Speech & Language support
- Stay & Play
- Young Parents Drop-In
- Volunteering Opportunities

## Partnership Working

We work closely with employment agencies, health professionals, schools and Children's Services to help parents and carers to access a wider range of support and advice.

## Advice and Information

We can help you with issues affecting the family such as benefits, budgeting, housing or anything else that you may be concerned about. If you need specialist help, we will find the appropriate organisation to help you.

## Have Your Say

We encourage parents and carers to join the Parents Forum and Partnership Board; this is where you can express your ideas for the Centre and have a say on how the Centre is run. We welcome all comments and ideas to make the Children's Centre accessible to all in the local community.