

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

Living with mental health problems in our society can be a challenge. Isolation and low self-esteem can make this even more difficult.

Family Action Wandsworth Mental Health Service provides a safe and supportive space in which you can start to rebuild your life. Our trained staff will discuss with you your hopes for the future and together we'll take steps towards them.

Our members come from diverse backgrounds and we welcome each unique person.

How To Find Us

Family Action (Balham)
1 Bedford Hill
Balham
London SW12 9ET

Nearest train station:
Balham, British Rail and Northern Line.

Local buses:
155, 219, 249, 319 and 355 (from Tooting Bec) or
315 (from Clapham Junction).

Edward Willson House (Battersea)
29 Prince of Wales Drive
London SW11 4SH

Nearest train station:
Clapham Junction or Battersea Park , British Rail.

Local buses:
49, 319, 345, 344 (from Clapham Junction) or 44
(from Wandsworth).

Family Action Wandsworth Mental Health Service is funded by
Wandsworth Borough Council and South West London St
George's Mental Health Trust.

Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
Fax 020 7249 5443 info@family-action.org.uk www.family-action.org.uk
Registered charity n° 264713.



family
action

Family Action
Wandsworth
Mental Health Service

Helping you to rebuild your life in the
community

supporting families since 1869

Is Our Service For You?

- Are you an adult living in Wandsworth?
- Do you have mental health problems?
- Are you feeling isolated and in need of support?
- Do you want to make changes in your life?

If you would like support with moving forward at your own pace, then contact Family Action Wandsworth Mental Health Service.

Languages spoken by our team and some of our members include: Urdu, Hindi and Italian.

What We Offer

Both of our centres (Edward Wilson House and Bedford Hill) are open every day, including weekends and some evenings, all year round. We provide:

- individual support with your personal development and mental health
- drop-in support, including a friendly café and coffee bar
- weekly workshops where you can learn new skills and express yourself
- the opportunity for you to use our community links and information database
- step-by-step support with starting and continuing courses, volunteering, community mentoring scheme and paid work
- opportunities to get involved with the running of the service
- black minority ethnic (BME) and women's supportive activities.

Referral Process

Please contact us to find out how you can access our free service. If you have a GP or a care coordinator in the community mental health team, you can also ask them to help you access our service.

Bedford Hill (Balham)
Tel: 020 8675 1765
Fax: 020 8675 5462
Email: bedfordhill@family-action.org.uk

Edward Wilson House (Battersea)
Tel: 020 7350 2231
Fax: 020 7978 4737
Email : battersea@family-action.org.uk

Who Are Our Members?

Adults in Wandsworth with mental health problems who might want more:

- acceptance
- motivation
- direction
- chances to socialise
- chances to try new things.