

We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.

Giving us feedback

We welcome your views on our service, both positive and negative, as this will help us to improve what we do.

If you wish to comment on our service, please either telephone or write to the manager, who is based at the office address.

Family Action Southwark Newpin is funded by Southwark Primary Care Trust and Children's Services

Where we are

Family Action Southwark Newpin Centre
163 Commercial Way
Peckham
SE15 1AU

Phone 020 7252 8283
07903 326 557 (during office hours only)
email southwarknewpin@family-action.org.uk

Family Action Central Office

501-505 Kingsland Road, London, E8 4AU. Phone 020 7254 6251
Fax 020 7249 5443 info@family-action.org.uk www.family-action.org.uk
Registered charity n° 264713.



Family Action Southwark Newpin

A unique support network for those caring for a child under the age of five

Information for professionals

supporting families since 1869

About Our Services

What is Family Action Southwark Newpin?

Family Action Southwark Newpin works with parents who have children under the age of five, where there is an identified mental health problem and / or significant difficulty in the parent / child relationship. Newpin is not a universal service but a service targeting families with identified needs who are ready to be actively involved in making changes for themselves and their children.

Newpin works in close partnership with Mental Health Services and Social Services when there are complex mental health or child protection issues.

Newpin is able to engage some parents by working with their insecure attachment style, which may have prevented them from using other services in the past.

Referrals may be made by professionals, however we also accept self-referrals.

The aims of the Newpin model are:

- To help parents to break the cyclical effect of destructive family behaviour
- To improve the mental health of parents, reducing depression and increasing self-confidence
- To prevent emotional and physical abuse of children
- To empower parents to have more control over their lives, making lasting changes for themselves and their children

Menu of services:

- Stay & Play sessions
- Family Play Programme
- Family Play Programme for under 1's
- Mellow Play Programme
- Drop-in support groups to reduce isolation
- Therapeutic parent support group
- Perinatal support group

Who Can Benefit From Newpin?

The service is tailored to the specific needs of each family and includes:

- Parents who have an identified mental health problem e.g. post-natal depression, high levels of anxiety, bipolar disorder
- Parents who are at risk of developing a mental health problem e.g. previous history of post-natal illness, poor support network
- Parents displaced from their country of origin, having refugee or asylum seeker status
- Parents with drug and alcohol problems who are actively seeking and receiving help for these issues
- Families where there are significant, on-going difficulties in the parent / child relationship
- Families who have been identified as vulnerable to difficulties with bonding and / or attachment; e.g. parents who have experienced harsh or absent care-giving themselves
- Families where children are identified as 'in need' or 'at risk' and may be on a Child Protection Plan
- Families with a history of not engaging in other services

Referral criteria:

To access our service you must live in the borough of Southwark and be the main carer of a child under 5 years old.

For more information, to make a referral or to discuss a potential referral, please contact us on 020 7252 8283.