



Wandsworth Mental Health Service

'Awarded best volunteer organisation in Wandsworth'

Vocational Informational Project (VIP)

The essential training and support for all your vocational needs

The VIP opens doors and helps you to:

- Build friendships
- Learn new skills
- Feel valued
- Realise your potential
- Discover new interests
- Be part of your community
- Get out and about.

The VIP offers:

- Ongoing vocational support for people with mental health issues
- Support with volunteering, adult education, training, and employment.
- Individualised training packages that help you learn at your own pace
- Friendly peer support, encouragement and guidance
- Weekly sessions including training, feedback and group supervision
- Group visits to placements and organisations of your choice
- Opportunities in: administration, reception, catering, libraries, museums, befriending, gardening...and much, much more
- Opportunities to volunteer or train in pairs / with a mentor
- Guest speakers from specialised organisations.

The project takes place at Bedford Hill and Edward Wilson House through weekly meetings and group activities.

Family Action Central Office

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