# Get more from your dressed down day

Enjoy raising even more with these fun ideas:

- Hold a cake sale or even a bake off competition
- Ask parents for raffle items then sell tickets or hold an auction
- Get kids to design a greetings card inspired by their family, and sell copies of the winning design to parents.

We hope you find the assembly pack useful. It has been designed by a Headteacher through Family Action's partnership with the National Association of Headteachers (NAHT). Through the assemblies, we hope your children enjoy learning key lessons about being ready for school, gaining awareness of children from different backgrounds and listening to the child-focused stories.





"Family Action has been a lifesaver...it has kept me from losing everything I hold dear to me and has made us a family again"



### Family Action builds stronger families

Family Action works with some of the UK's most vulnerable children and families, helping them to tackle complex issues such as mental ill health, being a young carer, domestic abuse or living in poverty.

With the support of schools, teachers and pupils like you, we're able to work with the whole family to provide the practical and emotional support each family needs to be safer and stronger.

#### How your money will help

£10 could fund an hour of one-to-one support for a young carer.

£15 could buy ingredients for a healthy cooking session at a children's centre

£25 could fund a support session for mums with postnatal depression

## Family Action is celebrating everything important about families.

They come in all shapes and sizes and your dress down day is about giving everyone the freedom to demonstrate what 'family' means to them.

#### FREE ASSEMBLY PACK RESOURCE

To build up to your dressed down fundraising day, we have created the All Aboard the Learning Bus Assembly pack. Your school can provide fun story based assemblies that will teach your children simple lessons about being ready for school. You could hold the assemblies over one week, or a series of weeks, finishing with the dressed down fundraising day.

#### Plan your Dressed Down and Ready to Learn Day

We're sure you're experts at holding dress down days, but just in case here are our top tips:

- Agree a date, check it doesn't clash with any other big activities and get permission from all the relevant people
- Agree how much the voluntary contribution per pupil could be to take part (we suggest £1)
- Put up posters around school to let everyone know what's happening
- Nominate a responsible person from each class to collect donation
- Remind everyone the week before...and again the day before
- DRESS DOWN AND HAVE FUN...and don't forget to collect everyone's money
- Collect up all the money and pay it in. You can send a cheque, made payable to Family Action, together with our Donation Return Form to: Family Action, Unit 24, Angel Gate, City Road, Islington London, ECIV 2PT or ask someone to make a payment online at www.justgiving.com/naht
- Sit back, feel very proud and wait for your thank you certificate to arrive!

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