

## Press release

**Date:** 14 November 2017

### **THE DUCHESS OF CAMBRIDGE VISITS FAMILY ACTION AT HORNSEY ROAD CHILDREN'S CENTRE**

Family Action, a national charity committed to building stronger families through 140 projects across England, Wales and the Isle of Man, would like to thank the Duchess of Cambridge for visiting Hornsey Road Children's Centre and Nursery today. The Duchess met with families who use the centre and nursery and met parents, babies, staff and volunteers who access or work within Family Action's perinatal mental health services around the country.

Parents and children supported by the charity and Bright Start Islington were thrilled to be introduced to the Duchess and were able to share their experiences. Staff from both Family Action and Bright Start Islington also met the Duchess and they were delighted to present the range of Early Years' services provided at the centre and in particular Family Action's perinatal support work.

Family Action's perinatal services work with women who have mental ill health before or following the birth of a baby. The charity offers a professionally supervised volunteer befriending service that makes a very positive difference both to mum and baby and to the wider family too.

David Holmes CBE, Chief Executive said:

*"We are honoured that the Duchess of Cambridge came to visit Family Action at Hornsey Road Children's Centre today. We are very grateful that we had the opportunity to talk to the Duchess about the range of issues families with young children may face and to show her the support that is available. We also talked to the Duchess about our important community-based perinatal services which befriend pregnant women and new mums with mental ill health enabling them to realise that they are not alone, to benefit from the support we can offer and to bond better with their babies. We thank the Duchess for her keen interest in our work.*

**ENDS**