



# Volunteering as a Social Prescribing Champion

## ***What is Social Prescribing?***

Social Prescribing helps people gain access to activities, social groups, services and advice based on their needs and interests. Based in Hackney and The City GP practices, it aims to reduce people's isolation and improve their health and wellbeing.

## ***What is a Social Prescribing Champion?***

Champions help us to promote Social Prescribing throughout Hackney and The City. A key role in allowing us reach isolated and vulnerable people you will help us spread the word by hosting information stands in GP practices, attending community fairs and distributing flyers to organisations.

## ***What Skills are required for the role?***

- Warm personality & enjoy meeting new people
- Good verbal communication skills
- Understanding of professional boundaries
- Awareness of the issues affecting people who are socially isolated and vulnerable
- Daytime availability for at least 2 hours per week
- Organisational skills that provide punctuality and reliability
- Commitment to diversity and equal opportunities

## ***What are the steps to becoming a Social Prescribing Champion?***

1. Complete the volunteer application form
2. Attend the Social Prescribing Champion training day

Closing date: Ongoing recruitment. Applications will be considered on a rolling basis.

*If you are interested in volunteering with the service, please complete the application form and return it to [gulden.sural@family-action.org.uk](mailto:gulden.sural@family-action.org.uk) or post it to the address below:*

**Social Prescribing Service, Family Action, 24 Angel Gate, City Road, London, EC1V 2PT**

*If you have any questions regarding this opportunity please contact Gulden on 07939669952*