

About us

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

We seek to empower people and communities to address their issues and challenges through practical, financial and emotional help.

Find out about our children and families services:

www.family-action.org.uk/what-we-do/children-families

Service address

Family Action
Training and Consultancy Services
55 Stevens Avenue
Bartley Green
Birmingham B32 3SD

tandc@family-action.org.uk
0203 640 2303

Family Action

Training and Consultancy Services: Children and Families

Open workshops, in-house training and bespoke consultancy services for professionals supporting vulnerable children and families



In-house Training for Your Organisation

Family Action can deliver a wide range of workshops in-house within your organisation on a day and at a time that suits you and your staff – offering convenience, cost-effectiveness and flexibility.

We can also tailor our workshops to meet the needs of your staff and their continuing professional development. Our most popular workshops include:

Domestic Violence

This workshop will help delegates understand what domestic abuse is, recognise signs of abuse, and be aware of support available to victims.

Mental Health First Aid (Youth)

Our two-day MHFA-accredited workshop looks at how to identify, understand and help a young person who may be developing a mental health issue (eg depression, anxiety, suicide, self-harm or eating disorders).

Female Genital Mutilation (FGM)

Delegates will examine the cultural context of FGM, potential risk indicators, recent case law and legislation, and how to approach girls who may be affected.

Perinatal Mental Health Awareness

This workshop will help to build professionals' knowledge and confidence in working with parents who are experiencing mild to moderate perinatal mental illness.

We also run a variety of other workshops, focusing on:

- Safeguarding
- Strengthening Wellbeing and Professional Resilience
- Child Sexual Exploitation
- Attachment, Trauma and Loss
- Tools for Assessment
- Communicating with Children
- Life Story Work
- Child Protection
- Childhood Neglect

Please phone 020 3640 2303 or email tandc@family-action.org.uk to outline your requirements or to commission training to be run in-house within your organisation (eg local authority).

Open Workshops

Family Action delivers open workshops across the country. Find out more and book your place:

- Visit: www.family-action.org.uk/training
- Phone: 020 3640 2303
- Email: tandc@family-action.org.uk

Consultancy Services

Our expert consultants will work with you to:

- review your service and identify the needs of your organisation and of the target participants
- design a training programme, service or intervention to meet your organisation's bespoke aims and objectives
- deliver and evaluate the agreed training, service or intervention.

To discuss your organisation's individual requirements, please phone 020 3640 2303 or email tandc@family-action.org.uk.

**'Inspiring ideas and tools ...
Recommend to all!'** *(Tools for
Assessment Training for Social
Workers)*

