

About us

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

We seek to empower people and communities to address their issues and challenges through practical, financial and emotional help.

Find out about our schools and education services: www.family-action.org.uk/schools-education

Service address

Family Action
Training and Consultancy Services
55 Stevens Avenue
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020 3640 2303

Family Action

Training and Consultancy Services: Schools and Academies

Open workshops, in-house training and bespoke consultancy services for professionals working in and with schools and academies



In-house training for schools and academies

Family Action can deliver a wide range of workshops in-house within your school, academy or group of schools. Below are just a few examples.

Designated Safeguarding Lead

Our course is designed to help DSLs fulfil their statutory obligations to recognise and act on concerns about abuse and neglect, and to audit their setting to ensure the safety of children in their care. *(Refresher courses are also available.)*

Child Protection

This course enables staff to understand what is meant by abuse and neglect, its impact on child development, and how to respond and act according to local safeguarding board procedures to protect children from harm.

Pathological Demand Avoidance (PDA) Awareness

This briefing looks at what PDA is, the anxiety that drives children to need to feel 'in control', and some strategies to manage the resulting behaviour.

Autistic Spectrum Disorder and ADHD Awareness

This workshop helps professionals understand the impact of these disorders on children, and strategies to help children in school settings.

Strengthening Wellbeing and Professional Resilience

This session helps staff to enhance their wellbeing and professional resilience.

Attachment, Bereavement, Separation and Loss

Many children have experienced separation, trauma and loss, which can negatively impact on their functioning and ability to learn. This workshop looks at key principles of attachment and how to help children through the grief cycle.

Attachment in the Classroom

This training aims to enable school staff and volunteers to assist children who have experienced trauma and attachment difficulties to get the best out of their learning environment through strategies and practical tools for school settings.

Mental health workshops for schools

Mental Health First Aid (Youth)

This two-day accredited workshop looks at how to identify, understand and help a young person who may be developing a mental health issue.

Adolescent Mental Health

This training helps school staff to develop an understanding of the mental health needs of teenagers, and how to enable young people to get appropriate help and support to overcome these difficulties.

Find out more

To find out more about all our workshops and to book a workshop for your school, academy or cluster:

- Phone: 020 3640 2303
- Email: TandC@family-action.org.uk
- Visit: www.family-action.org.uk/training

All of our training workshops can be delivered at your own setting and on a day that suits you and your team, offering *convenience, cost-effectiveness, and flexibility*. We can also tailor our workshops to meet the specific needs of your school staff and their continuing professional development.

'I can implement this within my SENCO role for early identification.' *(ASD and ADHD Awareness)*

