

# Family Support Volunteer

Family Action – The Bridge Young Carers Service

County Durham (based at our South Office, Bishop Auckland)

At The Bridge Young Carers service, we support children, young people and their families who have a challenging caring responsibility through one to one work, project work, peer support and family support.

The Charter Champion will make a difference to the lives of Young Carers and their families by planning and delivering exciting information sessions. These sessions will assist organisations and schools to gain Neighbourhood Charter Status and raise awareness.

Time Commitment required: Flexible, equating to 8 hours per week (minimum of 12 months)

This role would suit people who:

- Have experience of, or an interest in social work
- are passionate about improving outcomes for young people and their families
- can demonstrate commitment, reliability and consistency
- are good communicators and relationship builders
- are understanding of the, often complex, needs of young carers and their families.

What is involved?

- Work to deliver a support action plan developed with the young carers, their family and a Family Practitioner
- work directly with young carers and their families in different settings, including 1:1 and family sessions, or support them to access community groups and activities
- to assist the service in ensuring we provide a safe and carefree environment for young carers



- to be encouraging in the work with young carers, promote positive emotional wellbeing and provide them with support to enable them to reach their potential
- to listen to young people in order to identify their interests and needs and to ensure that these needs are addressed within available resources
- undertake basic administrative tasks to maintain effective recording systems.

Volunteers will need to gain an understanding (appropriate to your role) of, and comply with, all relevant Family Action Policies and procedures

We welcome applications from all sections of the community.

For more information please contact the Community Development Practitioner for an informal chat where you can find out more about the role and the service and look at the next steps to getting involved; by phone: 0191 3832520 or email: [durhamyoungcarers@family-action.org.uk](mailto:durhamyoungcarers@family-action.org.uk)

**Applications will be considered on a rolling basis.**

Appointments are subject to Family Action receiving an enhanced disclosure from the Disclosure & Barring Service and two references, which we consider acceptable.