

**One-Day Accredited**

**Youth MHFA Champions Courses**

**Accredited Course**



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| **Mental Health First Aid Youth** |  | |  |
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| Thursday, 5 September 2019 **Thursday, 23 January 2020** | | London | |
| Focus  **There are more than 800,000 children and young people in the UK who have been diagnosed with a mental health condition.**  Children and young people face huge pressures of navigating through the complexity of an ever changing digital world, facing challenges in numerous aspects of their daily lives.  Family Action is committed to improving the emotional wellbeing and mental health of children and young people. We provide family support services to help build children and young people’s emotional resilience.  Three children in every classroom have a diagnosable mental health disorder. Roughly 725,000 people in the UK suffer from eating disorders; 86% of these will have shown symptoms before the age of 19. One in 10 children deliberately harm themselves regularly, and 15,000 of them are hospitalised each year because of this. Nearly 80,000 children and young people suffer from severe depression Half of all lifetime cases of mental illness begin by age 14. 45% of children in care have a mental health disorder - these are some of the most vulnerable people in our society. Nearly 300,000 young people in Britain have an anxiety disorder.  Venue    **Family Action**  34 Wharf Road  London, N1 7GR  Tel: 0207 254 6251 | | Target Group  This internationally recognised course is relevant for professionals, carers and anyone who works, lives or cares for children and young people (8 to 18 years old) who may or are experiencing mental health difficulties.  Trainer – Kanu Patel  Kanu has over 30 years’ professional experience of working with children and families affected by mental health issues, including his own personal experiences through family and friends. He has delivered MHFA for the past 4 years, to a wide variety of participants and teams within public services and private organisations. He is passionate about promoting people’s knowledge and confidence in supporting adults’ and children’s wellbeing.  What You Will Learn   * An understanding of common mental health issues and how they can affect young people; * Ability to spot signs of mental ill health in young people and guide them to a place of support; * Knowledge and confidence to advocate for mental health awareness; * Skills to support positive wellbeing.   Everyone who completes the course will receive:   * A Youth MHFA manual to refer to whenever they need it * A certificate to say they are a Youth MHFA Champion   Timing    9.00am Start  5.00pm Finish    Manual & workbook are included.  Refreshments and light lunch are provided. | |

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| Registration Form  **One-Day**  **Youth MHFA**  **Champions Courses** | **5 September 2019**  **Please tick which date**  **you wish to attend**    **23 January 2020** | | |
| Fee **(including MHFA manual and workbook)**    **£120.00** (+VAT £24.00) **=** **£144.00**     * Remittance enclosed – cheque (including VAT) payable to *‘Family Action’* * Please invoice * To pay by credit/debit card please follow these links to our Eventbrite page:-   [*https://mhfa-youth-champions-london-5september2019.eventbrite.com*](https://mhfa-youth-champions-london-5september2019.eventbrite.com)  [*https://mhfa-youth-champions-london-23january2020.eventbrite.com*](https://mhfa-youth-champions-london-23january2020.eventbrite.com)  In the event of cancellation, a cancellation fee is chargeable, as detailed below.   * If you **WOULD** like us to contact you by e-mail in the future, with more information about our courses, services and activities, please **TICK** this box. You can see our privacy policy by following this link:[*Privacy Policy*](https://www.family-action.org.uk/content/uploads/2018/07/Family-Action-Privacy-Notice-TC.docx) | | | |
| Name: | |  | Agency name & address: |
| Position/Role: | |  |  |
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| Requirements  (eg: dietary, disability access): | |  |  |
|  |
| Telephone: | |  | Post code: |
| E-mail: | |  | Billing e-mail *(if different):* |
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| **We will confirm your place and send joining**  **instructions via e-mail, so please write clearly** | |  | Your purchase order number: |
| Substitutions and cancellations  Completion of this booking form is a binding agreement. Substitutions are welcome at any time. Family Action reserves the right to levy a fee in the event of your cancellation. More than 6 weeks prior to the event 25% of the fee; between 2 and 6 weeks 50%; less than 2 weeks 100%. In the event that you wish to transfer your booking to another workshop date, we reserve the right to levy a 25% administration fee, if you then cancel your place, the previous cancellation fee would also apply. | | | |
| Please e-mail/post completed form **(indicating your method of payment)** to**:-**  **Joy Broadhurst**  **Family Action**  **55 Stevens Avenue, Bartley Green, Birmingham, B32 3SD**  E: [Joy.broadhurst@family-action.org.uk](mailto:Joy.broadhurst@family-action.org.uk)  T: 07469 660 479  [www.family-action.org.uk/training](http://www.family-action.org.uk/training) [www.mhfaengland.org.uk](http://www.mhfaengland.org.uk)  Registered Charity no: 264713. Registered Company Limited in England and Wales: 01068186 | | | |