The minimum standards for 2019 providers are:

* + **Food**: clubs must provide at least one meal a day (breakfast, lunch or tea) and **all** food provided at the club (including snacks) must meet the [school food standards](http://www.schoolfoodplan.com/actions/school-food-standards/).
	+ **Nutritional education**: clubs must include an element of nutritional education each day aimed at improving children’s knowledge and awareness of healthy eating. These do not need to be formal learning activities and could for example include activities such as getting children involved in food preparation and cooking; growing fruit and vegetables, and taste tests.
	+ **Enriching activities**: clubs must provide fun and enriching activities that provide children with opportunities to develop new skills or knowledge, to consolidate existing skills and knowledge, or to try out new experiences. This could include physical activities such as football, table tennis, cricket etc.; creative activities such as putting on a play, junk modelling, drumming workshops; or experiences such as a nature walk, visiting a city farm etc. Providers will need to deliver a rich and varied mix of fun and enriching activities which are age-appropriate.
	+ **Physical activities**: clubs must provide activities which meet the [Physical Activity guidelines](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/213739/dh_128144.pdf) on a daily basis[[1]](#footnote-1).
	+ **Policies and procedures[[2]](#footnote-2)**: clubs must be able to demonstrate and explain their safeguarding arrangements and have relevant and appropriate policies and procedures in place in relation to:
		- Safeguarding
		- Health and safety
		- Insurance
		- Accessibility and inclusiveness

Where appropriate, clubs must also be compliant with Ofsted requirements when working with children.

1. The current guidelines state that children should engage in moderate to vigorous intensity physical activity for at least 60 minutes a day. We understand that these guidelines will be revised in 2019. [↑](#footnote-ref-1)
2. Where required, clubs must register with Ofsted [↑](#footnote-ref-2)