



Mayor attends event highlighting services offered by Family Action to the Medway community

On 14 November, Family Action were delighted to host the Mayor of Medway, Cllr Habib Tejan at a special event at the Corn Exchange in Rochester to raise awareness of the services provided by the charity for the Medway Community. These services include a Perinatal Support Project, Medway SENDIAS and Active Families.

Over 50 invited guests, including local councillors, social care and health professionals from Medway, and David Holmes CBE, Family Action's CEO, attended the event, which highlighted the work the Family Action delivers in Medway. The services offered include the charity's Medway Perinatal Support Project, which helps new mums and dads, Medway SENDIAS that offers support for families who have children with special educational needs and/or disabilities and Active Families, which helps families get healthier together.

A new film, made by Community Advance Project, to help new mothers affected by maternal mental health issues was also launched. The film included interviews with new mothers, including two supported by Medway's Perinatal Support Project, as well as experts from the project and the Maternal Mental Health Alliance. The Maternal Mental Health film can be viewed free at www.youtube.com/watch?v=v8UyMk4Ex_I&t=99s

Sue Crabb, Manager of Family Action's Medway Services said:

"We were delighted to welcome the Mayor, Cllr Habib Tejan, together with so many social care and health professionals to our event, which gave Family Action the opportunity to share what we do in Medway and demonstrate the impact we have within the local community."

Notes to Editor:

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Family Action is a national charity marking its 150th anniversary in 2019. It supports around 45,000 families and hundreds of thousands of children every year – helping them with their mental health and wellbeing, behavioural issues and parenting challenges, family conflict and domestic abuse, social isolation, poverty, addiction and much more. It is committed to building stronger families and brighter lives by delivering innovative and effective services and support. It seeks to empower people and communities to address their issues and challenges through practical, financial and emotional help. Its work is wide-ranging and includes help for parents-to-be, the provision of Children's Centres, intensive family support, emotional health and wellbeing services, counselling, mediation and therapies, support in schools - including the provision of breakfast clubs and holiday hunger support, and financial grants programmes. Family Action is also recognised as a leading provider of training and consultancy.

Registered charity number: 264 713

www.family-action.org.uk



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150 years

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