

About Family Action

Family Action is a charity committed to building stronger families and brighter lives. We provide innovative and effective services and support to many of the UK's most vulnerable people, helping individuals and communities address the challenges they face through practical, emotional and financial support.

Families Together Leeds

Families Together Leeds provides family support, group support and volunteer support to families with children and young people across the City of Leeds.

Our service works restoratively in line with the Leeds Practice Model, contributing towards the Leeds Vision 'to be the best city in the UK for children and young people to grow up in, aiming to improve outcomes for all children and young people, especially those from deprived backgrounds.' (Leeds Children and Young People's Plan, 2018–2023).



How to Contact us

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Family Action Families Together Leeds

Providing family, group and volunteer support to families across Leeds



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Registered as a Charity in England & Wales no: 264713. Registered as a Charity in the Isle of Man no: 1206.

Registered Company Limited by Guarantee in England and Wales no: 01068186.

Patron: HRH The Duchess of Cambridge. Chair: Mary Fulton.

Chief Executive: David Holmes CBE.

Vice Patrons: Christine Davies CBE. Dr Andrew McCulloch. Dame Denise Platt DBE.

Katie Vanneck-Smith. Professor Harriet Ward CBE.



Families Together Leeds is supporting Leeds in its ambition to ensure that families can access the right support at the right time



Family Support

- Our Family Support Workers work with families who have requested support across the City of Leeds
- Referrals are accepted via the Targeted Support Allocations Panels
- Family Support Workers, along with our partner agencies, use the Rethink Formulation Principles, to support the family to look at:
 - What is happening right now that is causing concern?
 - What could happen if things don't change?
 - What triggers things?
 - Family history: what are the challenges and vulnerabilities?
 - What positive strengths does the family have?
 - What keeps issues going?
- Through assessment skills, Family Support Workers work with the family and other agencies to develop a plan with clear and realistic outcomes
- Family Support Workers meet with the family to review the outcomes on a regular basis to support continued progress for the family
- Family Support Workers work with families to develop support networks in their local community.

Group Support

- Our Group Facilitators deliver sessions to groups of parents and carers
- The group sessions we deliver are based on evidence that they make a positive difference to parents and carers
- Group sessions support parents and carers to explore challenges they are experiencing in their parenting and allows them space to think about what they might like to do differently in the future
- Group sessions enable parents and carers to learn from each other's experiences too.

Volunteer Support

- Our Volunteer and Engagement Co-ordinator recruits, trains and supervises volunteers
- Our volunteers support families who are already working with our service or who only need low-level support
- Volunteers provide information about local resources and practical support to access community services
- Volunteers enable families to become more independent so that they can sustain their goals after involvement with our service has ended.