



Building  
stronger  
families

**healthwatch**  
Southend

### **Healthwatch Southend needs you as a volunteer!**

- Do you care about health and social care services for the residents of Southend?
- Do you want to use your experience to help make a difference?
- Can you spare some time to volunteer with us?

We are the independent voice of the people of Southend who use health and care services. We work to make sure that your views and experiences – good and not so good – help the NHS and Social Services improve the care you, your families and friends receive.

We are recruiting volunteers to join Healthwatch Southend to make sure the voice of local people is heard. Health and care services are changing rapidly at the moment, not least because of coronavirus, so it's really important to find out what local residents think and get this built in to the plans of the NHS and Council.

We have opportunities for volunteers to

- Help with the day to day running of Healthwatch Southend – from social media, through to talking to local people about their experiences and analysing data
- Visit premises and talk to people about the services they receive

We would love to hear from people who have experience of health and care, or whose skills can be used in our work. We are particularly keen to hear from those groups whose voices don't often get heard – younger people, people with disabilities or those from different ethnic backgrounds. If you have a background in media/digital, community engagement work or planning and reviewing services in other sectors, we would love to hear from you.

In return, we can offer the chance to give something back to your community. We offer training and you will gain skills and experience, which could help with your next challenge.

If you want to find out more, drop us a line at [info@healthwatchsouthend.co.uk](mailto:info@healthwatchsouthend.co.uk) and we'll get back in touch as soon as we can. Our website is [www.healthwatchsouthend.co.uk](http://www.healthwatchsouthend.co.uk).



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### **Healthwatch Southend needs you to join our Advisory Group!**

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We have opportunities for volunteers to join our Advisory Group, to help set our priorities and guide our work plan. We are looking for a chair and a number of Advisory Group members.

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