



Start4Life Coordinator, Change4Life, Royal Borough of Kensington and Chelsea & Westminster City Council

22.2 hours per week

Grade 3 (lower): £30,556 - £33,180 per annum pro rata (inclusive of Inner London Weighting)

Permanent Contract

We were delighted to be awarded delivery of a Change4Life service across the Royal Borough of Kensington and Chelsea and Westminster City Council in 2020. The service takes a holistic and community-based approach, improving and promoting the physical and emotional health & wellbeing of children and their families with a lasting impact.

This role provides a unique opportunity to be part of a brand new and innovative service that supports both authorities in tackling childhood obesity and health inequalities for expectant parents and their families through a holistic health promotion and community-based approach.

Summary of job:

As a Start4Life Coordinator you'll be passionate about transforming the lives of expectant parents, children, young people and their families. Sharing and embracing the Public Health agenda, you will work with local authorities to promote national and local public health priorities including healthy eating, physical activity, oral health and emotional wellbeing. You will play a key role in Change4Life Service's mission to:

- Deliver an innovative service with a holistic approach to promoting health and wellbeing
- Align with other services that promote similar messages
- Promote a whole systems approach to reduce health inequalities
- Be responsive and flexible to the changing needs of those the service supports

You will hold one or more of the following a Public Health, Nutrition or Level 3 Pre and Post Natal Exercise Instructor qualification or have substantial experience working with expectant parents to be considered for this role. (Support to complete CPD requirements to maintain ant registration/ qualifications will be provided by Family Action)

You will also have experience in co- producing and delivering holistic health promotion group programmes with and for Expectant parents (and their partners) that seek to identify barriers faced by this cohort to their health and wellbeing and supports them with the skills, knowledge and resources to eat well, sleep well, keep active, maintain a healthy weight and increase their emotional wellbeing.

This is an opportunity for the right person to make a real difference in the lives of expectant parents, their children and their families. The successful candidate will be a motivated, passionate and experienced worker with an impressive track record of delivering high quality group health promotion programmes, ideally in Family Hubs and Children's Centres, to meet the needs of local communities. They will strive for excellent standards, robustly ensuring a quality, outcome driven and accessible service.

You will also have a genuine commitment to a whole systems approach and working in partnership with expectant parents and their families in order to provide evidence based holistic support that seeks to reduce health inequalities across communities. The successful candidate will be a motivated, passionate practitioner who will strive for excellent standards, robustly ensuring a quality, evidenced based and accessible service.

We strive for continuous improvement and as a valued member of an innovative team you will actively contribute to service development. You'll undertake staff training and evaluation to ensure children, young people and families are healthy in all settings, supporting them to thrive where they live, learn and play.

We are a people focused, can-do organisation, which strives for excellence in all we do and operate with mutual respect. If you share these values and behaviours and have experience working in similar services to achieve the best outcomes for children and young people, we look forward to hearing from you.

In return we can offer you flexible working, generous leave entitlements, a group personal pension scheme, eye care vouchers, a cycle to work scheme and other great benefits. We have an excellent wellbeing offer and we'll invest in your professional development with on-going quality training and career development opportunities. You'll join an innovative and transformational service, and work for an established, leading organisation that changes lives, values your opinion and encourages learning.

Family Action welcomes applications from all sections of the community. We are committed to Equality, Diversity & Inclusion in all that we do and know that greater diversity will lead to even greater results for families and children.

Please complete an application form to be considered for the role. For an application pack and further information visit www.family-action.org.uk/workingwithus.

Please email completed applications to: completed.application18@family-action.org.uk

Closing date: 4th May 2021, 9am

Interview date: 14th May 2021

Appointments are subject to Family Action receiving a satisfactory disclosure from the Disclosure and Barring Service.