

Lincolnshire BOSS PDA Training



Building
stronger
families

What is Pathological Demand Avoidance?

Pathological Demand Avoidance (PDA) is identified as a subgroup within the Autistic spectrum.

It is characterised by the resistance and avoidance of everyday demands, both spoken and unspoken, such as:

- direct demands or questions from others,
- indirect demands such as praise with the expectation of future expectations
- implied demands.

Anxiety means people with PDA often try to remain in control by using a variety of avoidance techniques, and can experience panic attacks and meltdowns when these approaches are challenged



Aim

The BOSS PDA presentation aims to enable participants to develop their knowledge and understanding of PDA, and to gain skills and strategies to support children with PDA in the classroom.

Learning Outcomes

By the end of the training session participants will be able to:

- Recognise the key characteristics of a person with Pathological Demand Avoidance
- Meet the needs of pupils with Pathological Demand Avoidance
- Demonstrate a range of strategies to support children with Pathological Demand Avoidance

How to book

Contact our team using the details below to express an interest in joining the course

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