



Building
stronger
families

Lincolnshire BOSS Regulation and De-escalation Training

An understanding of regulation and de-escalation

This training aims to raise awareness of de-escalation and share practical ideas and techniques to support children to regulate themselves when overwhelmed by emotions.

During the training we also share our individual regulation toolkits for primary and secondary schools.



Aims and objectives

- To enable staff to gain an understanding of regulation and de-escalation and to enable them to effectively manage behaviour
- To develop skills to support children to learn to self-regulate
- To gain an understanding of how to effectively use regulation and de-escalation strategies

How to book

Contact our team using the details below to express an interest in joining the course

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