

Beetroot

Beetroots are ready around Autumn time and add lots of colour and taste to many dishes. Here are some example dishes:

1. Beetroot hummus
2. Beetroot soup
3. You don’t always need to use them in savoury dishes – you can add them to sweet dishes too, for example cakes and biscuits. Beetroot brownies are quite popular !!
4. Risottos – beetroot risotto is both tasty and colourful.
5. Add as a sandwich filling/wrap filling – cheese and beetroot works well.
6. Pickle it – in Manchester, Lancashire Hotpot is often served with a side of pickled beetroot.
7. Add to salads – a colourful vegetable to add to a salad. You can also make a tasty coleslaw with beetroot.