

# NSBP Case Study: The Bemrose School



Bemrose School has around 1350 students aged from 3-19 and is situated in the city of Derby. Breakfast is available to all students in the school and since joining the National School Breakfast Programme, their breakfast club has gone from strength to strength with numbers increasing each day.

The school sees the breakfast club as an opportunity to support pupils' wellbeing and

they have introduced board games, colouring, and other activities as well as support with homework and revision. This has been received really well by pupils and encouraged them to interact with each other. It has been key in strengthening relationships between students who would not normally have the opportunity to interact with each other due to different breaks and lunchtimes for different year groups. Key staff are always available throughout breakfast for pupils to speak to about any issues and this enables them to have a really positive start to the day.



“Students now have a safe place to go with staff that are on hand to be able to listen to the students. All students are able to have a healthy breakfast which takes the pressure off families” commented Meghan Treece Cross Teaching Assistant

Not only has the breakfast club had an impact on wellbeing, but it has also helped with students arriving on time to school.

“Students that were often late now come in early for breakfast” added Meghan

Schools on the programme have access to a Portal to place, amend and cancel orders. The school have found the ordering portal really easy to use

Grace Elliot who is responsible for placing the orders said “The portal is really easy to use and great that you can change orders to suit your needs”.

The National School Breakfast Programme has a support team to support schools with their breakfast provision. The Bemrose School has made use of this facility and has been pleased with the support they have received.

Grace added, " I had an issue as there were some dates missing, so I contacted the support team and they resolved the issue on the same day."

In a normal school year, schools are open just over half the year (taking into account weekends and school holidays). This means even where breakfast is available within the school, children are still having breakfast at home almost 50% of the time. The Bemrose School has recognised this and have encouraged and educated the pupils around healthy choices whilst also developing the important routine of daily breakfast so this extends beyond school.

Overall, the school has seen the huge benefit the breakfast club has provided to the start of the day.

"The breakfast club sets the pupils up for the day with a calm orderly start. It provides a real positive start to their day.



We often wish we could extend the hours of the breakfast club as it's lovely to see all the students interacting with each other and forming new relationships. We have seen independence skills develop and smiling faces post covid. It has had such a positive impact overall". Said Grace Elliott, Teaching Assistant