ADHD — Three Types

more symptoms

of each type

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nattentive Type ADHD Combined Type ADHD

daily functioning

demonstrate 6 Inattentive Type symptoms over the course of at least 6 months, to a degree that impacts

• I lose things a lot

- I have a hard time paying attention in class and at home
- · If I'm trying to focus on something, other things distract me easily
- I make mistakes when doing my schoolwork
- I have a hard time finishing my classwork during class
- I have a hard time doing the same thing for a while, even things I love to do
- I sometimes don't hear when people are talking to me
- I find instructions confusing sometimes
- I have a hard time keeping my things organized

Hyperactive /Impulsive Type ADHD

Demonstrates 6 or demonstrate 6 Hyperactive/ Impulsive Type symptoms over the course of **at** least 6 months, to a degree that impacts daily functioning

• | fidget and squirm a lot

- I have a hard time staying in my seat when I'm supposed to
- I have a hard time staying quiet when I'm supposed to
 - I like to talk... a lot
- I run / climb on things even when I'm not supposed to
- · I have a hard time waiting my turn to talk & I sometimes interrupt people when I don't mean to
- · When talking to others, I sometimes talk about things that aren't related to the conversation
- I'm always moving, and I have a hard time slowing down

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