

FREE Executive Functioning Poster



Executive Functioning Activities for Home

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Plan a meal
together (planning)



Have a
conversation
(attention)



Tidy up a room
(organization)



Practice coping
strategies
(self-control)



Change the ending
of a movie
(flexibility)



List goals together
(perseverance)



Learn something
new
(metacognition)



Estimate the time to
complete a task
(time management)

Do a puzzle
(working memory)

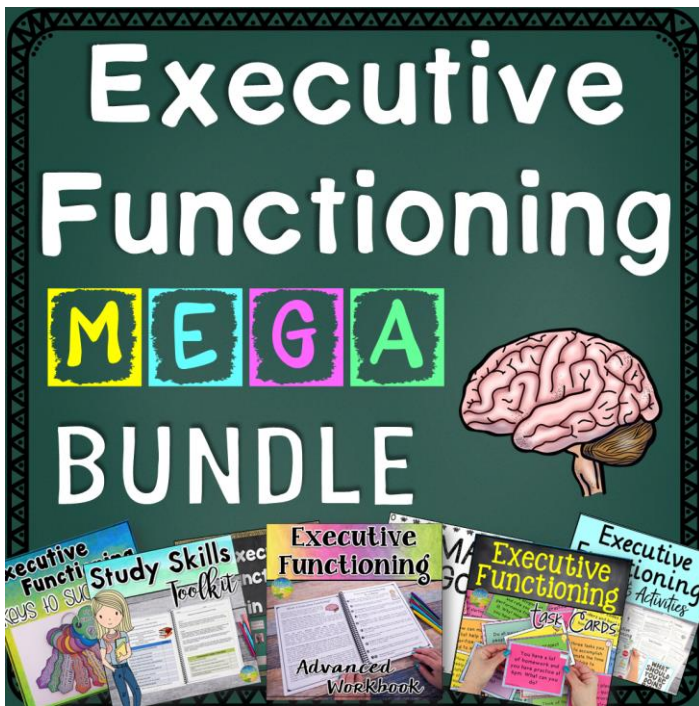


Executive Functioning Skills

Executive functioning skills are the basis for planning, organizing, initiating, and following through with all tasks, assignments, and problems inside and outside of school. Many students who forget assignments, are disorganized, can't complete long-term assignments, have trouble focusing, and experience difficulty with change often have weak executive functioning skills. These are the students who need to be taught explicit skills in order to become successful in school and in life after school. Simply put, executive functioning skills are necessary life skills.

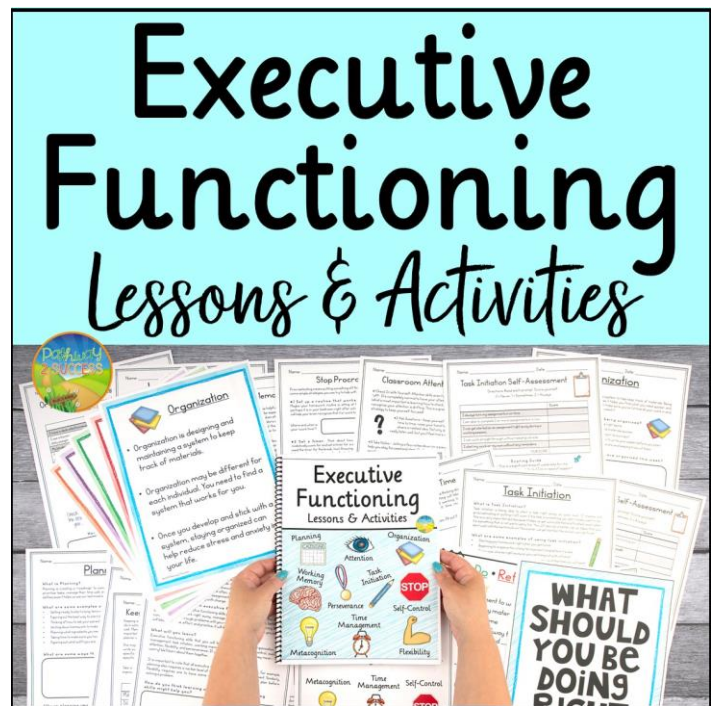
This free poster helps to highlight some executive functioning activities that can be done at home.

More Executive Functioning Materials:



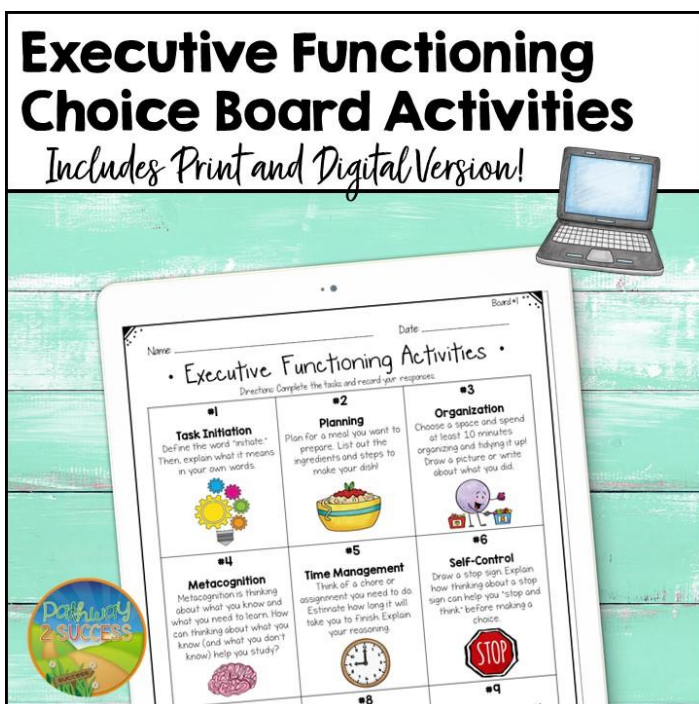
Executive Functioning MEGA BUNDLE

This poster features a large brain illustration and a collage of various educational materials including 'Study Skills Toolkit', 'Advanced Workbook', and 'Task Cards'.



Executive Functioning Lessons & Activities

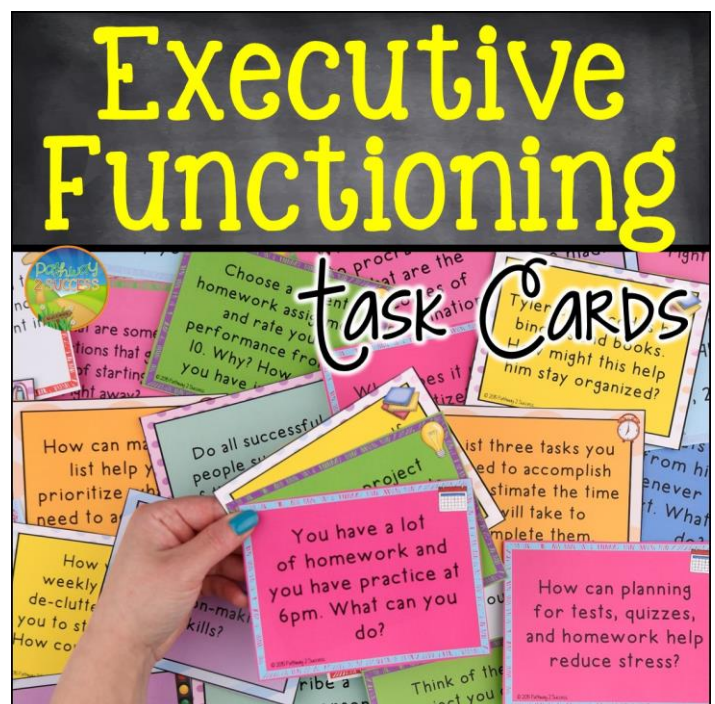
This poster shows a collection of worksheets and activities. One prominent worksheet is titled 'Executive Functioning Lessons & Activities' and includes sections for 'Organization', 'Task Initiation', and 'Self-Assessment'. Another card visible says 'WHAT SHOULD YOU BE DOING RIGHT NOW?'.



Executive Functioning Choice Board Activities
Includes Print and Digital Version!

This poster displays a choice board with nine activities:

#1 Task Initiation Define the words "initiate." Then, explain what it means in your own words.	#2 Planning Plan for a meal you want to prepare. List out the ingredients and steps to make your dish!	#3 Organization Choose a space and spend at least 10 minutes organizing and labeling it up! Draw a picture or write about what you did.
#4 Metacognition Metacognition is thinking about what you know and what you need to learn. How can thinking about what you know (and what you don't know) help you study?	#5 Time Management Think of a chore or assignment you need to do. Estimate how long it will take you to finish. Explain your reasoning.	#6 Self-Control Draw a stop sign. Explain how thinking about a stop sign can help you "stop and think" before making a choice.
#8	#9	#9



Executive Functioning Task Cards

This poster shows a hand holding several task cards. One card reads: "You have a lot of homework and you have practice at 6pm. What can you do?" Other cards include questions like "How can you prioritize your list?" and "How can planning for tests, quizzes, and homework help reduce stress?"



Executive Functioning Activities for Home

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Plan a meal together (planning)



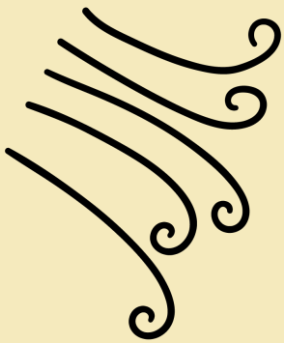
Have a conversation (attention)



Tidy up a room (organization)



Practice coping strategies (self-control)



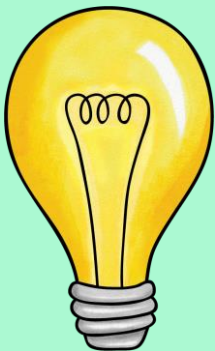
Change the ending of a movie (flexibility)



List goals together (perseverance)



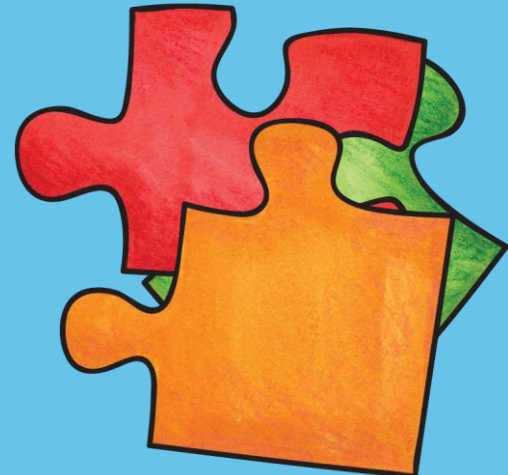
Learn something new (metacognition)



Estimate the time to complete a task (time management)



Do a puzzle (working memory)





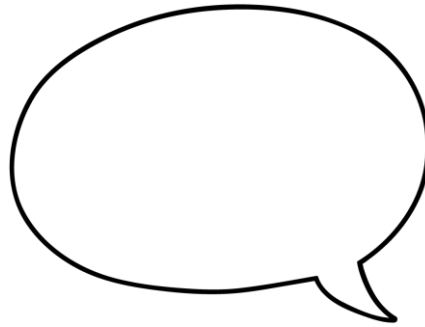
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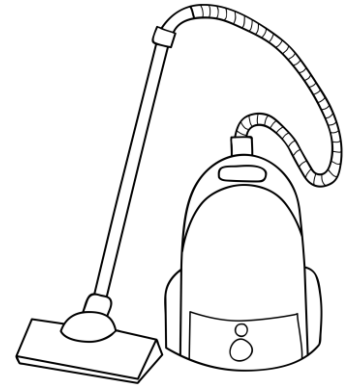
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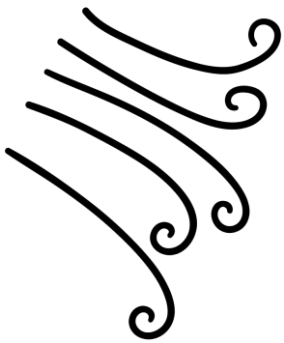
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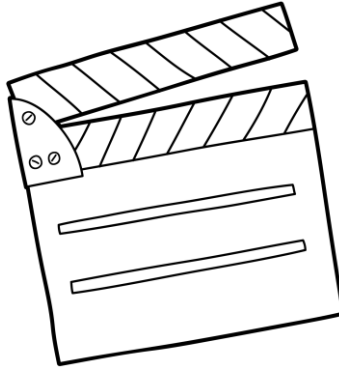
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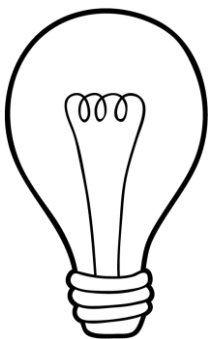
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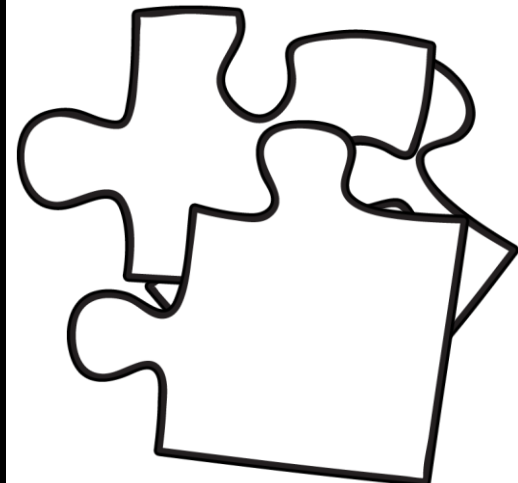
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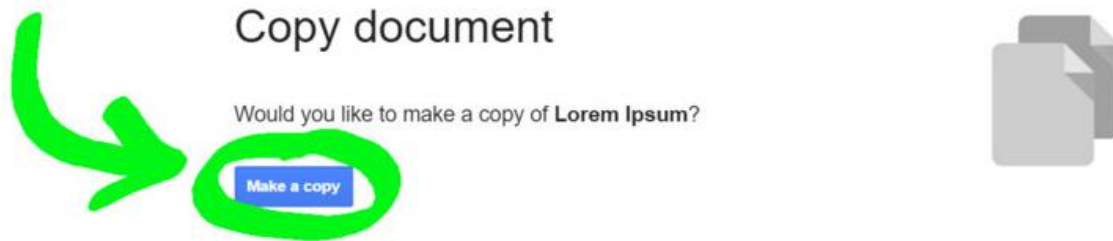
EF Activities for Home

Online Digital Version for Google Slides

Directions:

Click the link and follow the directions for the digital version.

Executive Functioning Home Activities Poster



1. Before starting, make sure you are signed into Google with the correct account.
2. When you click the link, you'll see a screen that says, "Copy document."
3. Click the blue button that says "Make a copy" to transfer this file to your own Google Drive account. If you have Google Drive accounts with multiple email addresses, make sure you take note which email address is selected in the top right corner of the screen, so you can easily find the file in the future.
4. Once it is opened, you can rename it on the top left of your Google Drive account. Students will be able to click on any of the spaces to type their answers in!
5. If you want to save only PARTS of the document, select the pages you want by holding control and clicking on them. Then, choose file -> make a copy -> selected slides. Alternatively, you can make a copy and delete the pages you don't need. You can then rename the file as you choose.
6. Please see additional pages for sharing the file with your students.

Using Digital Resources

You may:

- Use the directions to assign the file to your students in Google Classroom or Drive.
- Post this resource to a password-protected site, as long as only your students have access to it.
- Contact me at pathway@thepathway2success.com with questions.

You may not:

- Share the link(s) with other educators or students not in your classroom without purchasing additional licenses.
- Post freely on a website where it could turn up on an internet search.
- Share the direct link above (please use the directions to make a copy on your own drive prior to sharing).

Directions for Assigning Files in Google Classroom

Use these directions to assign digital materials to students in Google Classroom.

1. Make a copy of the assignment in your Google Drive.
Note: This is an important step to make sure the file is in YOUR drive. Do not share the link provided in this document with students.
2. If you only want to assign certain pages, select those pages. Use CTRL button to click the pages you want. They will be highlighted. Then, choose File - Make a copy - Selected slides. Rename the file as you choose.
3. Go to your Google Classroom.
4. Click on the "Classwork" tab.
5. Click on "Create" and choose "Assignment."
6. Add a title and instructions for your students.
7. Click on the "Add" button. In the dropdown, choose "Google Drive."
8. Select the assignment you want students to complete.
9. To the right of the file, choose "Make a copy for each student."
Note: This is important so that students can have their own individual copy to write on.
10. Edit the settings, if needed, including a due date and whether to assign to all students or specific learners.
11. Click on "Assign."

Please note: These are general directions to help educators get started. More information can be found at Google Classroom Help [here](#).

Directions for Providing Files Without Google Classroom

Use these directions to share files with students without using Google Classroom.

1. Make a copy of the assignment in your Google Drive.
Note: This is an important step to make sure the file is in YOUR drive. Do not share the link provided in this document with students.
2. If you only want to assign certain pages, select those pages. Use CTRL button to click the pages you want. They will be highlighted. Then, choose File - Make a copy - Selected slides. Rename the file as you choose.
3. Click the "Share" button in the upper righthand corner.
4. Click "Shareable Link."
5. Set the permissions to "can view."
Note: This is important so that the master file is not editable by all students all at once.
6. Share with your students.
Note: Do not post the link on websites, as this makes the resource available with an internet search. You may post in Google Classroom or anywhere else that is only accessible to your students.
7. Direct students to access the file from their Google Drive. Students should click the "Shared with Me" link to find.
8. Have students open the document.
9. Have students select File -> Make a copy -> Entire document.
10. The editable file now will be in each student's Google Drive.

About the Author



Kristina Scully is a special educator and curriculum specialist with over 12 years' experience. She has a bachelor's degree in special and elementary education from the University of Hartford, along with a master's degree in special education with a specialization in autism from the University of St. Joseph. She has worked extensively with kids and young adults with social emotional needs, learning disabilities, autism, executive functioning challenges, and more.

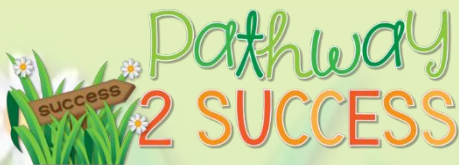
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Disclaimer: These resources and materials are for supplementary support/education purposes and not intended as a replacement for counseling, education, or other necessary supports. Educators, parents, counselors, and others who utilize these materials are encouraged to seek out additional support, as needed.



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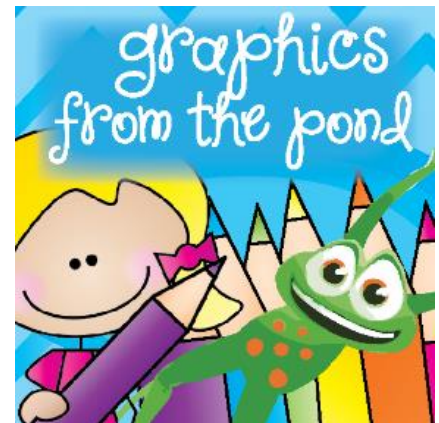
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