



# Recipes

## Vegetarian sausage casserole

A lovely Autumnal supper, ready prepared for when you get home in the evening.

Serves 4-6

### Ingredients

- 1 tbsp oil
- 1 onion, peeled and chopped
- 1 large sweet potato, cut into small cubes
- 1 large potato
- 1 yellow pepper, chopped
- 2 carrots, sliced
- 2 vegetarian hotdogs\* per person
- 1 tin chopped tomatoes
- 2 tsp paprika (optional)
- 150ml water with one vegetable stock cube\*



### Method

1. Add all the ingredients to the pan and cover with the lid.
2. Cook on high for the first hour, then reduce to low and cook for 5-6 hours.

Serve with crusty bread\*, rice, pasta\*, mashed potatoes etc.

\*May contain or is one of 14 common allergens