

About Family Action

Whatever challenges they face, Family Action are here to support families to realise their potential, and help them to build a brighter future. We support families to thrive by providing practical, emotional and financial support to those who are experiencing poverty, disadvantage and social isolation across the country.

Family Action support more than 60,000 families every year through over 170 community-based and national services. Many families face pressures, from debt and poverty, to mental ill health, experiencing domestic abuse, or being a young carer. Without the right support these problems can escalate, and result in crisis, tearing families apart.

Your support can turn lives around, helping families work through the problems of today and build brighter futures for tomorrow.