

# Problematic Sexual Behaviours

## 3/6 hour session

This training aims to give participants an understanding and support in identifying problematic sexual behaviours.

An introduction to problematic sexualised behaviours in those under the age of 18; covering what this looks like with different age ranges, the Brook Traffic Light guide to identify the type of sexualised behaviour, the PARCS' tier system of support (for young people and parents/guardians) and where to refer to find additional support.

### Aims and objectives:

- Introduce what problematic/developmentally appropriate sexual behaviours are.
- Explore 'amber' behaviours within different age ranges through the Brook Traffic Light Tool.
- Explain what PARCS' offers through our various tiers of support.



**Full day or half day options, for up to 40 participants. Contact us:**



02392 669513



parcs@family-action.org.uk

PARCS - Portsmouth Abuse & Rape Counselling Service - is a free specialist counselling and psychotherapy service for people who have experienced sexual and/or domestic abuse.

[www.family-action.org.uk/parcs](http://www.family-action.org.uk/parcs)