

# Supporting Survivors

## Supporting survivors in the workplace (3/6 hour session)

For many people experiencing domestic abuse their only time of escape maybe the time that they spend at work. This is why the workplace plays such an important and vital role in supporting survivors.

Domestic abuse can take many forms from physical, emotional and financial. Its impact destroys lives and leaves people feeling isolated from family and friends.

The Domestic Abuse Act 2021, as well many other legal duties to employees ensures that those experiencing domestic abuse as well as those already survived are supported by their workplace.

This training will further your workplace's knowledge, confidence and ability in supporting survivors and help begin to set out the framework needed by employers.

### Aims and objectives:

- Introduce the different types of domestic abuse and the cultural and social narratives.
- Learn how to recognise the signs in employees and co-workers.
- Explore the impact of domestic abuse as relational trauma and how it may impact the workplace.
- Learn laws and legislations around Domestic Abuse and employment.
- Learn how to respond to disclosure of abuse and refer to appropriate services for further support.

**Full day or half day options, for up to 40 participants. Contact us:**



02392 669513



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PARCS - Portsmouth Abuse & Rape Counselling Service - is a free specialist counselling and psychotherapy service for people who have experienced sexual and/or domestic abuse.

[www.family-action.org.uk/parcs](http://www.family-action.org.uk/parcs)