

## We Stand Together

## Using our Bystander Intervention Model (3/6 hour session)

The first part of the training focuses on what sexual violence is, what it looks and sounds like and how ingrained it is within our culture, attitudes and beliefs. The latter part focuses on the Bystander Intervention Model.

Specifically designed by PARCS and developed using our years of experience, the Bystander Intervention Model, assesses how to respond and safeguard in a safe and supportive way.

All attendees will be provided with support should there be any issues raised, with follow on support/intervention as appropriate.

## Aims and objectives:

• Introduce definition/understanding of misogyny and sexual violence.

• Demonstrate the impact of women's safety work in public spaces/licenced venues and nights out.

• Develop further understanding of the role of venue culture and links to sexual violence.

- Introduce Bystander model for preventing and responding to sexual violence.
- Explore three stages of intervention in relation to sexual violence and the communities in your environment.
- Introduction to wider violence against women and girls (VAWG) work in the city and where you fit in.

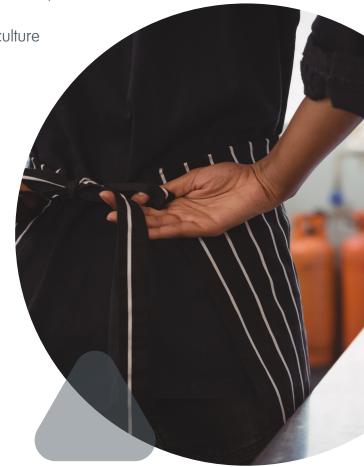
## Full day or half day options, for up to 40 participants. Contact us:



02392 669513



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PARCS - Portsmouth Abuse & Rape Counselling Service - is a free specialist counselling and psychotherapy service for people who have experienced sexual and/or domestic abuse.