



JOB DESCRIPTION

Job title:	ESCAPE Dads Project Support Worker
Location:	Swaffham
Hours:	10 hours
Grade:	Grade 2 (lower) point 13 £22,546 - £23,966 (££7785.08 - £8574.81) per annum, pro
Service:	Swaffham Wellfamily Service
Reports to:	Wellfamily Service Co-ordinator

Summary of Job:

This is an exciting opportunity to develop and grow a peer support group aimed at supporting and improving the mental health and wellbeing for dads to be and new fathers. This project is funded by Norfolk Community Foundation and this project will align with the aims to improve wellbeing outcomes for dads in the first 1001 days (from conception to baby's 2nd birthday). ESCAPE Dads will provide 2 dedicated sessions a week on the ESCAPE allotment and Garden projects based in Swaffham and Kings Lynn. These sessions will bring dads and dads to be together in a safe, welcoming and non-judgemental environment where they can share experiences and challenges. These sessions will enable them to connect with nature, to work outside and learn new skills together and also a chance to cook and eat in an outside and healthy environment.

The project worker, supported by the Wellfamily Co-ordinator and ESCAPE project workers, will set up and offer a range of activities that appeal to new fathers aimed at building confidence, self-esteem and a sense of accomplishment.

Principal Accountabilities:

1. With support from Wellfamily Co-, identify and build relationships with suitable referrers that have access to young dads that could be interested.
2. To actively recruit young dads to come along to the outdoor spaces and participate
3. To research and gather evidence of what young dads would like to experience and set up relevant activities that will appeal and give dads the opportunity to learn new skills together.
4. With support from Wellfamily co-ordinator to identify a fluid plan of delivery of activities that include time to eat/drink together, and to share experiences/offer support.
5. To encourage participants to build new relationships and with a view to grow an independent peer support network that can be accessible to all new dads and will eventually be self-sustaining.
6. To undertake risk assessments of new dads accessing the project.
7. With support from Wellfamily Co-ordinator to identify suitable monitoring, evaluation and outcome tools and to gather case studies and feedback in line with Norfolk Community Foundation requirements.
8. With support from Wellfamily Co-ordinator to collate and write quarterly updates and data in line with funding requirements
9. To be available to work one evening a week and occasional Saturdays



10. To work in partnership with the WellFamily team, local agencies and partners signposting onto relevant and appropriate Professional Services if needed.
11. To support Wellfamily Co-ordinator and team to evolve and develop the project
12. To maintain accurate, relevant records in accordance with Family Action policies including Data Protection and to collect data to evidence outcomes.
13. To be able to evidence Family Action's values at all times, which underpin Family Action's mission of 'building stronger families' by:
 - a) Being **people** focused
 - b) Reflecting a '**can do**' approach
 - c) Striving for **excellence** in everything we do
 - d) Having **mutual respect** for everyone we work with, work for and support through our services
14. To ensure you have an understanding (appropriate to your role) of Family Action's procedures for promoting and safeguarding the welfare of children and vulnerable adults and comply with them.
15. To comply with Family Action's Equality, Diversity and Inclusion Policy in every aspect of your work and positively promote the principles of these policies amongst colleagues, service users and other members of the community.
16. To comply with Family Action's Health and Safety Policy, Data Protection Policy and to protect your own and others' health, safety and welfare.
17. To work flexibly as may be required by the needs of the service and carry out any other reasonable duties as required.

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Person Specification

1. Relevant experience and evidence of setting up community and peer support groups
2. Experience (as an employee or volunteer) of supporting mental wellbeing with adults, young people and/or children and families, and an understanding of the issues that can impact on adult, children and young people's emotional development and mental health.
3. To have some knowledge or the ability to learn low level horticulture/gardening/traditional craft skills
4. To demonstrate or have relevant experience of the issues and concerns of becoming a new father.
5. Experience of using effective evaluation and outcome tools and collating case studies material
6. Experience of developing and delivering project outcomes within a time frame
7. Good local knowledge of other local services and agencies and their referral criteria and processes.
8. Ability to meet the needs of service users sensitively and responsibly and demonstrate good listening, communication and connection skills
9. A capacity for reflective practices regarding your own impact upon service users and colleagues.
10. Excellent written and verbal communication skills and good IT skills and record keeping practice.
11. Ability to develop good working relationships with agencies, such as GP's, Adult and Children's Services, mental health services, education services and voluntary sector organisations.
12. An ability to manage time efficiently and to work autonomously as well as to work as part of a team..
13. Able and willing to work flexibly to meet the needs of the service including evenings if required
14. Able to evidence Family Action's values at all times, which underpin Family Action's mission of 'building stronger families' by:
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