Family Action announces the opening of new Longtown Sensory Room for local families

Family Action, a national charity dedicated to supporting families, announces this week the

opening of its new Sensory Room at the Longtown Children's Centre.

The room, designed to provide a calming and comfortable environment for children aged 0-5, as well as those with special educational needs and disabilities (SEND) up to 8 years

old, will offer local families a valuable resource for learning and development.

Emma Scott, Operational Manager at Family Action, expressed her excitement about the new Sensory Room, stating, "We are delighted to be offering our new Sensory Room to families in and around Longtown. Sensory rooms play a crucial role in aiding children's development and helping them learn to self-regulate their behaviours. We are eager to see

the positive impact this space will have on the community."

The official launch event was attended by Cumberland Councillor for Longtown Tim Pickstone, who cut the ribbon to mark the opening of the new facility. Councillor Pickstone said: "It was lovely to see Longtown Family Centre in action today and all the different facilities that are there for children and families to use. The sensory room is a really welcome

addition to the facilities, and I hope it will be of great use to local families."

Parent Hannah Mawson said: "I enjoyed looking around the new sensory room at Longtown and my baby seemed to love the lights and the bubbles too! The staff on hand were all friendly and I'm looking forward to booking the room for me and my baby."

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Located at Longtown Children's Centre on Mary Street, the Sensory Room is now open for bookings. Families interested in utilising this resource can contact Family Action by calling

01228 791775.

If you are in need of support visit the Family Action website for more information, or call the FamilyLine helpline, 24/7, for free, on 0808 802 6666 or text: 07537 404 282.

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Notes To Editors About Family Action

Family Action is a national charity committed to building stronger families and brighter lives. Since the charity was founded in 1869, we have continued to help children and families overcome the challenges they face through a wide range of practical, emotional and financial support. Today we work with more than 60,000 families in over 170 community-based services, as well as supporting thousands more through our national helpline, FamilyLine, which offers free and immediate support to adult family members and national schemes like the National School Breakfast Programme.

We help families and individuals to manage their mental health and wellbeing, working with families to reduce the impact of social isolation, poverty, addiction and other significant sources of stress and pressure. We also support families affected by adoption, special guardianship, separation, special educational needs, disability, domestic violence and sexual abuse. In addition, we provide thousands of welfare and educational grants every year to people in financial crisis.

For further information, please visit our website at www.family-action.org.uk

Registered charity number: 264 713

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