

Make a Difference and Volunteer for a new Family Service in Manchester

A new family service, opening in September 2024 across three Family Hubs in Manchester, is looking for volunteers from the community to join the team in support of local families.

Family Action will be running the Empowering Parents, Empowering Communities (EPEC) parenting programme, a national, proven method of early intervention that helps children and families get the very best start in life.

The programme is delivered by volunteer Parent Group Leaders for local parents in their own communities and supports parents in raising confident, happy children and works with them to develop communication skills, resilience and relationships.

Family Action Operational Manager, Sue Guest, said: "The EPEC programme helps parents to create closer relationships by listening, communicating and interacting more effectively with their children, whilst accepting and managing their own feelings and looking after their own wellbeing and health.

"Local Parent Group Leaders are essential in delivering EPEC courses as they know and understand the challenges that families in the local area face, and what help may be most appropriate.

Family Action is looking to recruit 12 volunteers to become Parent Group Leaders working across the EPEC programmes in Children's Centres in Cheetham, Longsight and Wythenshawe to commence training in May 2024.

Sue Guest concludes: "We are looking for carers, mums and dads, across all ethnicities and different cultures, to help roll out the EPEC programme by becoming volunteer Parent Group Leaders.

"Our volunteers not only make a real difference to parents and families, but they will also benefit from professional training, have access to a varied career development programme, and will build confidence, develop current skills and learn new ones!"

To find out more about volunteering call 0161 528 0730, email EPECManchester@family-action.org.uk or visit Empowering Parents Empowering Communities (EPEC) - Manchester - Family Action (family-action.org.uk)

To find out more about Family Action visit: [Family Action](#)

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Notes To Editors

About Family Action

Family Action is a national charity committed to building stronger families and brighter lives. Since the charity was founded in 1869, we have continued to help children and families overcome the challenges they face through a wide range of practical, emotional and financial support. Today we work with more than 60,000 families in some 200 community-based services, as well as supporting thousands more through our national helpline, FamilyLine, which offers free and immediate support to adult family members and national schemes like the National School Breakfast Programme.

For further information, please visit our website at www.family-action.org.uk

Registered charity number: 264 713

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